Include Age **THEORY OF CHANGE**

Intersectional Perspectives for Community Inclusion: Understanding the Past and Shaping the Future with Older Marginalised People with Learning Disabilities and LGBT+ People

United Nations Sustainability Development Goals

SUSTAINABLE DEVELOPMENT GOALS

11 Sustainable Cities and Communities

10 Reduced Inequalities

5 Gender Equality

3 Good Health and Well-Being

Mission Statement

Wicked problem: IncludeAge seeks to reduce social and health inequalities experienced by middle- to older-aged people with Learning Disabilities and LGBT+ people by generating knowledge to improve their opportunities for inclusion in their physical and online communities

Lenses

Work Package 1: Transdisciplinary Working and Community Engagement

WP 1 Lenses: Transdisciplinarity, Community-based Participatory Research, Inclusion

Work Package 2: Understanding Place Experiences of People with Learning Disabilities and LGBT+ People

WP 2 Lenses: Lifecourse, Intersectional Perspectives

Work Package 3: Integrating and Learning from Stories of People with Learning Disabilities and LGBT+ People

WP 3 Lenses: Collaboration, Transparency, Learning & Development, Co-creation

Work Package 4: Listening for Directions and Co-developing Solutions

WP 4 Lenses: Active Listening, Decision Making, Solution Focused, Co-production

Work Package 5: Integrated Knowledge Translation and Dissemination

WP 5 Lenses: Shared Learning, Co-production, Application & Impact

Work Packages

Work Package 1

Aim: Ensure team operates according to transdisciplinary working and CBPR principles

Activity: Participatory & Transdisciplinary research; collaboration between researchers & co-researchers

Output: Co-produced logic model Communication plan; concordat for publication and dissemination; impact evaluation and tracking plan

Work Package 2

Aim: Capture participants' intersectional place experiences on inclusive and exclusionary community settings in urban, rural and remote physical places and virtual spaces

Activity: Life course interview schedules; production of AGOL protocol and platform; use of Place Standards Tool; co-development of Sociograms to map Social Networks and place

Output: Life course autobiographical stories; textual and visual story maps; linking Social Network Sociograms to place

Work Package 3

Aim: Integrate cohort-specific findings from WP2 for providing holistic, intersectional understandings of healthy, active and inclusive ageing communities in a single analytical space

Activity: Co-development of actions and recommendations through the shared process of interpretation and agreement using Data Synthesis Workshops, Deliberative Dialogue Sessions

Output: Share live stories; multiple layers of analysis; develop evidence for new and further funding bids

Work Package 4

Aim: Integrate and prioritise participants' intersectional life-stories as stimuli for visioning healthy, active and inclusive future possibilities by listening to participants' stories and using this material to guide discussions on evidence into practice and possible futures

Activity: Understanding dialogic and deliberative communication to improve public engagement work, and ways to develop collective capacity to address complex public issues; listening for Direction events; evidence into Practice workshops; co-creation and Pre-testing of Potential Solutions

Output: Visioning solutions; co-creating ideas for potential solutions to issues identified

Work Package 5

Aim: Facilitate mobilisation of co-produced knowledge to diverse public, sectoral and academic spheres, underpinned by community engagement and intervention development fore-fronted by local perspectives and involvement in all research stages

Activity: Development and dissemination of new stakeholder resources

Output: Info-bites and media for websites; co-produced zines, graphic novels, and audio and visual info-bites in Easy Read and art formats; Roadmap for change; Integrated Knowledge Translation toolkit; policy briefs; policy and practice recommendations and guidelines; blogs; journal article; conferences; final report

Short-Term Impact

Development of research skills for researchers and co-researchers

International awareness of marginalised voices raised via International Reference Group involvement

Co-developed Story maps and individual stories of belonging that give voice to marginalised groups as a tool of empowerment

Enablement of social inclusion through participatory and creative mechanisms

Provision of interactive spaces for respectful and open dialogue to facilitate a range of voices to be included, articulated and integrated into discussions and shared

Shared decision making that feeds into knowledge translation and contributed to shared responsibility

Raising of consciousness of issues encountered and expression participants' voices

Development of solutions to barriers and strengthening facilitators

Sharing of diverse bases by creating space to discuss synthesis results at deliberative dialogue sessions

Allow for active listening of diverse perspectives

Facilitation of shared learning to inform actions for change towards inclusive communities, and enable a sense of belonging and flourishing to occur

Raised awareness of lived experience of barriers and facilitators to community inclusion across stakeholders

Stimulation of policy debate in stakeholder groups/sectors

Professional planning and policy is informed

Strategic dissemination across multiple channels and formats raises awareness of barriers to social inclusion

Uptake of resources across multiple sectors and domains leads to changes in policy

Local and national publicly available services, amenities and planning informed by research findings and outputs

Showcase event offers new opportunities for engagement between service providers and LD/LGBT+ communities

Community Advisory Group communities feel empowered and represented

Long-Term Impact

Individual level: Middle- to older-aged people with LD and LGBT+ people

Increased social and community inclusion of people with Learning Disabilities and LGBT+ people

Development of skills and knowledge for members of advisory groups and co-researchers through:
• Participation in advisory groups
• Experience in designing and taking part in research

Increased awareness of the lived experiences of both groups for those involved in the project and the general public through:
• Shared experiences and conversations
• Presentations and conference attendance

Community level: Local service providers

Exploring the role of creative methods in developing greater inclusivity of previously marginalised groups through shared development, knowledge, and use of creative methods

Policy development, service delivery, and development of community assets informed by research findings

Institutional level: Researchers, Educators, and Students

Emergence of transdisciplinary concepts, theories, and methods to inform new ways of thinking about gerontological research

Upscaling good practice in research and teaching, building capacity for this work

Structural level: Policy, System, and Legislation

Research is grounded in empowering and promoting social, economic, and political inclusion of people regardless of age and marginalised forms of identity and social characteristics

Uptake of creative methods leads to greater inclusivity for previously marginalised groups

Policy, service delivery and development of community assets will be informed by research

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UKRI Economic and Social Research Council

University of Dundee